

## What Should You Do If You Suspect You Have Moderate Hearing Loss?

The most common hearing loss by degree seen by Audiologists is a “Moderate Hearing Loss”. People all over the world suffer from moderate hearing loss, but many people don’t know what they should do if they suspect this. “Moderate Hearing Loss” may be defined as a loss that has some hearing thresholds have decreased to the point that a significant hearing handicap results. There are some important steps that need to be taken before you will be able to find a solution to help you start hearing well again.

First you need to understand that anyone that has difficulty hearing sounds that are between 40-69 decibels at any one tested frequency is considered to have a hearing loss that is moderate. Now, you need to know what to do if you suspect this is what you have.

The following are the steps that need to be taken if you suspect that you have a moderate hearing loss.

1. Visit a specialist, such as an Audiologist – This should always be your first step because you have to know for sure if you have a moderate loss of hearing or if your problem is less or more severe than you suspect it is. The specialist will be able to do some tests that will help them determine exactly what degree of hearing loss you have.

The tests will also help them determine the cause of your hearing loss. Some people that suspect that they have a moderate hearing loss really don’t; instead, they have a wax blockage that is preventing them from hearing that can be easily fixed.

2. Consider all your options – Always take time to find out all your options from the specialist for helping you hear well again and then take time to consider all of them before making your final decision. There are more options available than you may think, so this is definitely important for everyone to do.

3. Do your homework – Get online and do your homework using the information that the specialist gave you. This will help you easily find the right solution for your hearing loss issue.

4. Carefully make your decision on the best solution – Always take your time and be sure you carefully consider all of the information you have learned to help you make the wise choice for you to be able to hear well again.

Knowing these steps will help you know what to do if you suspect that you have moderate hearing loss. Just don’t wait to find out if this is what you have or to find a solution to help you hear well again because the longer you wait the more chance you have that your hearing loss will become more severe.